



Five Strategies to Faster Client Breakthroughs



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INTUITIVE BREAKTHROUGH EXPERT



1 - Using a holistic approach of (body, mind, emotions, and spirit)- helps your clients achieve greater and faster results and breakthroughs.

When you move your client beyond their mind and emotions and do body-centered work (helping them connect with the sensations and feelings their body is expressing), you are connecting with their subconscious mind more quickly and efficiently. In the body are sensations your client is feeling, and when you help them move into their body and allow them to feel (or speak) what is surfacing they can process and heal more quickly. Then when you add in a spiritual resource such as a guide, angel, or a loved one who has passed over, they can have profound breakthroughs.





2 - Do your own personal work - the clearer you are and the more you take care of yourself, the more available you will be for your clients.

What I have found repeatedly - is that our clients mirror either a past version of ourselves, or an issue we are working on or need to work on. The more you do your own work to heal yourself, the more available you can be for your clients. You will also find that client problems don't trigger you as easily, and you are more able to stay the empathetic observer. You are also more easily able to access your intuition when you are clearer and not triggered by clients' concerns. This makes your work more effective.





3 – Be careful not to retraumatize a client. You must work with clients trauma carefully. Yes it is important to heal it, but trauma must be dealt with gently. Do not push yourself or your clients. Clients need to have coping skills and resources before you go deep into their trauma.

If you have not had trauma training or are not qualified to do so, please do not do it. However sometimes a client may go into a traumatic memory during a session, and you need to know what to do. Before going into traumatic memories make sure you have the tools and modalities to help clients come out of the trauma if needed. Know how to bring them out, using techniques that help ground (feeling their connection to the Earth) them or bring them back into present time. When a traumatic memory surfaces, they are not in present time they have regressed back to the trauma. Helping them to focus on their breathe, their body, or the surroundings in the room, can assist them to come back into present time..





4 - Help the client become aware of the cause of the situation that is in their subconscious mind. If you do not get at the cause of the issue, the pattern will persist.

To heal on the deepest levels, we need to help clients become aware of the unconscious beliefs and emotions that keep them from being able to move forward.

The subconscious mind is that part of us that has recorded every moment of our lives from conception to present time and includes past lives and ancestral trauma. Patterns from this lifetime, other lifetimes, and ancestral trauma, may need to be cleared from a person for an issue to totally be healed.





5 - Use your intuition to guide you every step of the way in your life and during sessions. It is your most powerful tool. Then help your clients use their intuition to make decisions.

Intuition is the ability to see, hear, feel, and know beyond the five physical senses. The more you focus and use your intuitive gifts, the more your gifts will grow and increase. Intuition is your Higher Self (the unconditionally loving and wise part of you), your soul, your source self, the Divine, angels, deceased loved ones, and guides sending or giving you messages. The Divine is constantly sending messages to help and guide you, but you may be blocked and unable to receive them.

Your intuition is your connection to the Divine. The key to using your intuition is being able to recognize and access it, and then to trust yourself enough to take inspired action. Inspired action is the action you take when you are listening to and acting upon your intuition. Learning how to quiet your mind, tune into your intuitive guidance, and take inspired action can change your life.





Nanci Deutsch, L.C.S.W., CHT, Intuitive Breakthrough Expert, is the go-to authority for holistic psychotherapy. She helps people accelerate the process of becoming the best versions of themselves. Nanci is a Licensed Clinical Social Worker, now for over 30 years, a Certified Hypnotherapist, a Master Practitioner of NeuroLinguistics Programming™ (NLP), and she is a Certified Intuitive-Energy Coach from the Enwaken Coaching Program. She utilizes many modalities to help you achieve your vision and goals.

Nanci is also the Founder and Producer of “The Inspired & Empowered Living TV Show”, airing Tuesdays at 11:00 am Eastern on W4WN.com and Nanci's YouTube channel. The show has been running for over 7 years and is heard on over 12 podcast sites, including iHeartRadio (link).

She has authored the following chapters in two books: “The Secrets of the Soul Revealed in Your Chakras” appears in the book *Harmony in the Chakras Vol. 1* and “Chakras & the Emotions” appears in the book in the international best selling book *Harmony in the Chakras Vol. 2*.

Nanci uniquely combines her counseling, coaching, and intuitive abilities to facilitate, motivate, and educate professionals to maximize their potential and their clients potential to live an inspired and empowered life!

For more information on how to continue working with Nanci through trainings, workshops, and one-to-one sessions, go to her website

www.nancideutsch.com.

To book an Intuitive Breakthrough Session [click here](#) for the application.



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